



*Teaching a Skill Using the **EDGE** Method*

Tips for Using the EDGE Method (Explain, Demonstrate, Guide, Enable)

1. Be able to perform the skill well yourself.
2. Think back to your own experience in learning it, and work out a series of steps for teaching it that work for you. (Using the *EDGE* method)
3. Keep the coaching on a personal basis by working with small groups of learners or perhaps only one to start with. Get additional coaches, if necessary, to keep the groups small.
4. Size up those you are coaching, both as to abilities and personality traits that affect their ability to learn this particular skill.
5. If a learner has acquired little or none of the skill through reading, discussions, or some other method, go slowly, especially at the start. Insist on *accuracy first*, and before speed.
6. Don't interfere with the learner trying to do it on his own.
7. Don't interrupt his efforts unless he bogs down or goes off track.
8. Let him make mistakes if they will help him to learn the right way, but definitely point out mistakes.
9. Never make corrections in a sarcastic way or for the entertainment of others.
10. Encourage the learner by providing feedback on his progress, pointing out the completion of each step and the steps done well.
11. Urge him to practice and prepare to coach someone else when he has mastered the skill.
12. Be patient!